Food Menu 2022-2023 

Fresh drinking water, milk and fruits are available throughout the day for the children to have access for themselves

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| --- | --- | --- | --- | --- | --- |
| Week: 1 | Breakfast | Snack | Lunch | Snack | Tea |
| Monday | Selection of cerealsToast | Selection of fruit with milk | Quorn Shepherd’s pie with vegetablesYoghurt | Selection of fruit with milk | Toasted bagel with cream cheese spread and carrot sticks |
| Tuesday | Selection of cerealsToast | Selection of fruit with milk | Sweet and sour noodlesRice pudding | Selection of fruit with milk | Beans on toast |
| Wednesday | Selection of cerealsToast | Selection of fruit with milk | Cheesy mash and beansBiscuit | Selection of fruit with milk | Crumpets with cheese and cucumber slices  |
| Thursday | Selection of cerealsToast | Selection of fruit with milk | Quorn Chicken risottoIce cream | Selection of fruit with milk | Tuna mayo wraps with salad |
| Friday | Selection of cerealsToast | Selection of fruit with milk | Quorn Sausage and mash with peas or beansCake  | Selection of fruit with milk | Homemade pizza |

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| --- | --- | --- | --- | --- | --- |
| Week: 2 | Breakfast | Snack | Lunch | Snack | Tea |
| Monday | Selection of cerealsToast | Selection of fruit with milk | Spaghetti Quorn bolognaise Biscuit  | Selection of fruit with milk | Crumpets with cheese and cucumber |
| Tuesday | Selection of cerealsToast | Selection of fruit with milk | Quorn and vegetable casserole with mashed potatoYoghurt | Selection of fruit with milk | Tuna mayo wraps with salad |
| Wednesday | Selection of cerealsToast | Selection of fruit with milk | Tuna mayo pastaCake | Selection of fruit with milk | Soup with bread  |
| Thursday | Selection of cerealsToast | Selection of fruit with milk | Quorn curry with riceCustard | Selection of fruit with milk | Jacket potato with baked beans |
| Friday | Selection of cerealsToast | Selection of fruit with milk | Fish fingers and mashed potatoIce cream | Selection of fruit with milk | Homemade pizza |