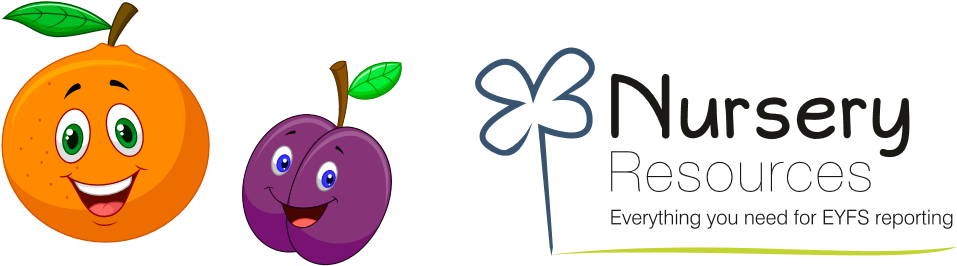
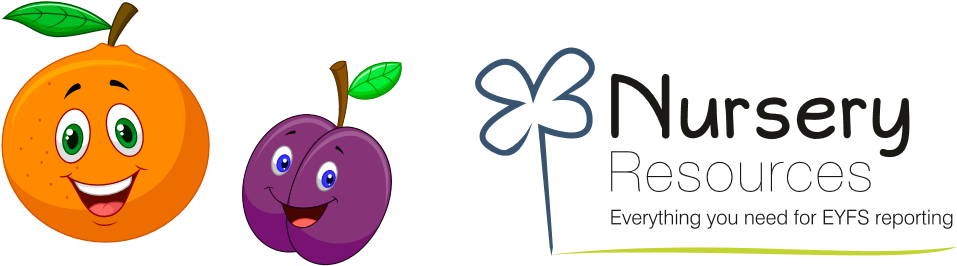
Food Menu 2022-2023 

Fresh drinking water, milk and fruits are available throughout the day for the children to have access for themselves

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week: 1 | Breakfast | Snack | Lunch | Snack | Tea |
| Monday | Selection of cereals  Toast | Selection of fruit with milk | Quorn Shepherd’s pie with vegetables  Yoghurt | Selection of fruit with milk | Toasted bagel with cream cheese spread and carrot sticks |
| Tuesday | Selection of cereals  Toast | Selection of fruit with milk | Sweet and sour noodles  Rice pudding | Selection of fruit with milk | Beans on toast |
| Wednesday | Selection of cereals  Toast | Selection of fruit with milk | Cheesy mash and beans  Biscuit | Selection of fruit with milk | Crumpets with cheese and cucumber slices |
| Thursday | Selection of cereals  Toast | Selection of fruit with milk | Quorn Chicken risotto  Ice cream | Selection of fruit with milk | Tuna mayo wraps with salad |
| Friday | Selection of cereals  Toast | Selection of fruit with milk | Quorn Sausage and mash with peas or beans  Cake | Selection of fruit with milk | Homemade pizza |

Food Menu 2022-2023 

Fresh drinking water, milk and fruits are available throughout the day for the children to have access for themselves

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week: 2 | Breakfast | Snack | Lunch | Snack | Tea |
| Monday | Selection of cereals  Toast | Selection of fruit with milk | Spaghetti Quorn bolognaise  Biscuit | Selection of fruit with milk | Crumpets with cheese and cucumber |
| Tuesday | Selection of cereals  Toast | Selection of fruit with milk | Quorn and vegetable casserole with mashed potato  Yoghurt | Selection of fruit with milk | Tuna mayo wraps with salad |
| Wednesday | Selection of cereals  Toast | Selection of fruit with milk | Tuna mayo pasta  Cake | Selection of fruit with milk | Soup with bread |
| Thursday | Selection of cereals  Toast | Selection of fruit with milk | Quorn curry with rice  Custard | Selection of fruit with milk | Jacket potato with baked beans |
| Friday | Selection of cereals  Toast | Selection of fruit with milk | Fish fingers and mashed potato  Ice cream | Selection of fruit with milk | Homemade pizza |